

MAYWOOD  STUDIO

# *True North Quilt*



## **True North Quilt**

Featuring the La Fleur Flannel fabric collection from Maywood Studio

**54" x 54"**

[maywoodstudio.com](http://maywoodstudio.com)

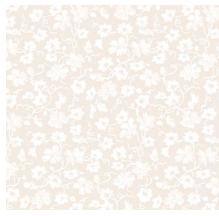
# *La Fleur* FLANNEL



Fabric 1  
MAS10993-R



Fabric 2  
MAS10991-E



Fabric 3  
MAS10995-E



Fabric 4  
MAS10994-Z

**MAYWOOD** STUDIO

Maywood Studio makes every effort to make sure our patterns are accurate.  
Check for updates at [maywoodstudio.com/projects](http://maywoodstudio.com/projects)

Fabric Requirements		
Fabric 1	MAS10993-R includes Binding	1-1/3 yard
Fabric 2	MAS10991-E	1-1/2 yard
Fabric 3	MAS10995-E	1 yard
Fabric 4	MAS10994-Z	7/8 yard
Backing		4 yards

Cutting	
<b>Finished: 54" x 54"</b>	
Fabrics 1	
Cut (8) 3" x WOF strips into:	
(110) A 3" squares	
Cut (2) 2-1/2" x WOF strips into:	
(32) B 2-1/2" squares	
Cut (7) 2-1/2" x WOF strips for binding	
Fabric 2	
Cut (2) 3" x WOF strips into:	
(18) A 3" squares	
Cut (8) 2-1/2" x WOF strips into:	
(36) B 2-1/2" squares	
(18) C 2-1/2" x 4-1/2" rectangles	
(18) D 2-1/2" squares	
(18) E 2-1/2" x 4-1/2" rectangles	
Cut (6) 3-1/2" x WOF strips. Sew together, end to end, and cut into:	
(2) 3-1/2" x 48-1/2" strips for side borders	
(2) 3-1/2" x 54-1/2" strips for top and bottom borders	
Fabric 3	
Cut (8) 3" x WOF strips into:	
(106) A 3" squares	
Cut (3) 2-1/2" x WOF strips into:	
(40) B 2-1/2" squares	
Fabric 4	
Cut (2) 3" x WOF strips into:	
(18) A 3" squares	
Cut (8) 2-1/2" x WOF strips into:	
(36) B 2-1/2" squares	
(18) C 2-1/2" x 4-1/2" rectangles	
(18) D 2-1/2" squares	
(18) E 2-1/2" x 4-1/2" rectangles	

WOF - Width of Fabric

LOF - Length of Fabric

RST - Right Sides Together

HST - Half Square Triangle

## True North Quilt Instructions

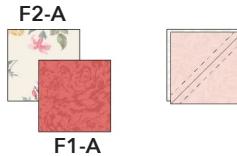
Please read all instructions before you begin. Seam allowance is 1/4". Press all seams open.

Fabric is abbreviated as 'F' and by number. For example, Fabric 1 is 'F1'.

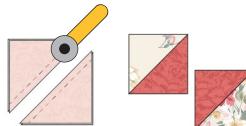
### HSTs - Half Square Triangles

2-at-a-Time

1. Mark a diagonal line from corner to corner on the wrong side of the F1-A squares.



2. Place an F1-A square, right sides facing, over an F2-A square. Sew 1/4" away from the marked line on each side.



3. Cut into two pieces on the marked line. Press and trim to 2-1/2" square.

F1/F2 HSTs  
Make 10 pairs  
2-1/2" x 2-1/2"

4. Repeat to make a total of 10 pairs for 20 HSTs.

5. Repeat steps 1-4 to make:

F3/F1: 90 pairs for 180 HSTs



Make 90 pairs

F4/F1: 10 pairs for 20 HSTs



Make 10 pairs

F4/F3: 8 pairs for 16 HSTs



Make 8 pairs

F3/F2: 8 pairs for 16 HSTs



Make 8 pairs

### Make the Units

1. Lay the HSTs, squares, and rectangles out in rows as illustrated to the right:



F2B-F2/F1-F1/F3-F3B

2. Sew into rows. Press.



F2/F1-F4E-F1/F3

3. Sew row to row. Press. Make (10) Unit 1s.



F3/F1-F4D-F2C



Unit 1  
Make 10  
8-1/2" x 8-1/2"



F3B-F3/F1-F2B-F1/F3

## Make the Units

4. Repeat steps 1-3 following the illustrations to the right.

Make:  
(10) unit 2s  
(8) unit 3s  
(8) unit 4s



F3B-F3/F1-F1/F4-F4B



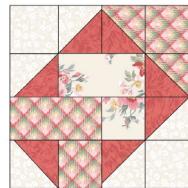
F3/F1-F2E-F1/F4



F4C-F2D-F1/F3



F3/F1-F4B-F1/F3-F3B



**Unit 2**  
Make 10  
8-1/2" x 8-1/2"



F2B-F2/F3-F3/F1-F1B



F2/F3-F4E-F3/F1



F1/F3-F4D-F2C



F1B-F1/F3-F2B-F3/F1



**Unit 3**  
Make 8  
8-1/2" x 8-1/2"



F1B-F1/F3-F3/F4-F4B



F1/F3-F2E-F3/F4



F4C-F2D-F3/F1



F1/F3-F4B-F3/F1-F1B



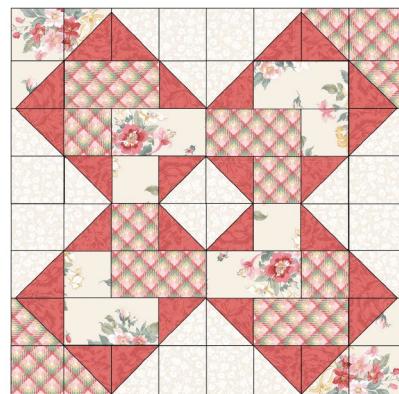
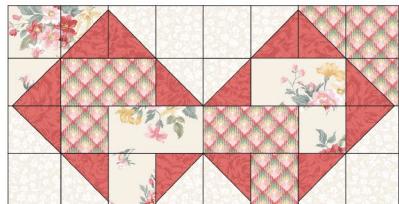
**Unit 4**  
Make 8  
8-1/2" x 8-1/2"

## A Blocks

1. Lay units 1 and 2 out as illustrated to the right.

2. Sew into rows. Press.

3. Sew row to row. Press.  
Make (5) A Blocks.



A Blocks  
Make 5  
16 -1/2" x 16 -1/2"

## B Blocks

1. Lay units 3 and 4 out as illustrated to the right.

2. Sew into rows. Press.

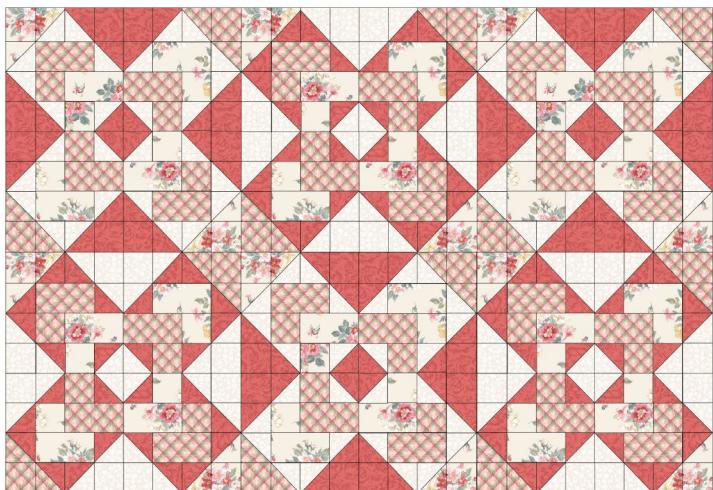
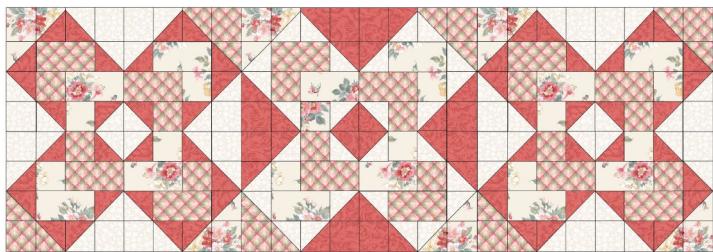
3. Sew row to row. Press.  
Make (4) B Blocks.



B Blocks  
Make 4  
16 -1/2" x 16 -1/2"

## Top, Borders, & Finishing

1. Sew the blocks together into rows as illustrated below. Press.
2. Sew the side borders to the quilt top. Press. Then sew the top and bottom borders to the quilt top. Press.



3. Layer the backing (wrong side up), batting, and quilt top (right side up). Baste layers to secure. Quilt as desired. Trim the excess backing and batting.

4. Sew the binding strips together into one continuous strip. Press in half length-wise. Sew the binding to the front of the runner with a  $\frac{1}{4}$ " seam allowance. Turn the binding to the back side of the runner and stitch down by hand with matching thread.